# Your Guide to Discovering WHAT MOVES YOU

















#### BOZZUTO is Home to DIVERSITY

From our residents to our employee's, we come from all walks of life and we love it that way. With that in mind we designed this handy moving guide to address your needs, whoever you may be! Within this guide you'll find useful tips and advice we think will prove helpful and interesting when planning the move to your new home. So come along and let us make your move as smooth as can be.



#### Click the one that BEST REPRESENT YOU



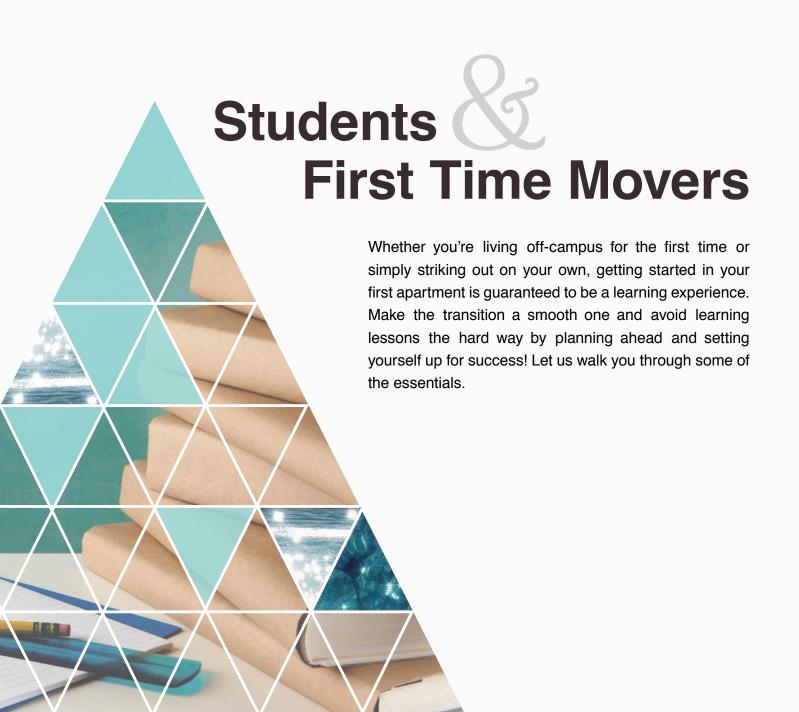














### NEED TO BE CLOSE TO SCHOOL OR WORK ?

Research public transit options surrounding your new place and find the most cost efficient and timely ways of getting to and from your new residence.



Trying to cut costs? The average household spends 18 cents of every dollar on transportation, and 94% of this goes to buying, maintaining, and operating cars, the largest expenditure after housing. Taking the train or bus could be a great way to reduce your carbon footprint while saving time and money. (Source)



#### tip | PLANNING ON LIVING WITH A ROOMMATE?

Coordinate ahead of time to determine which items you'll be bringing and which you'll need to purchase. There are many items you may be able to get second-hand from friends and family looking to donate old furniture or other household items.

Consider checking out thrift stores or sites like Craigslist for deals on used items that are typically more expensive like bed frames, couches, or dining room sets.



#### HAVE YOU FIGURED OUT YOUR FINANACES?

Get an accurate picture of your overall monthly bills and financial responsibilities. In addition to your monthly rent, most apartments will require you to set up utility services. Trash and water are generally covered by most landlords leaving you responsible for gas and electric, but discuss this with your property manager ahead of time to determine exactly what you will be responsible for.

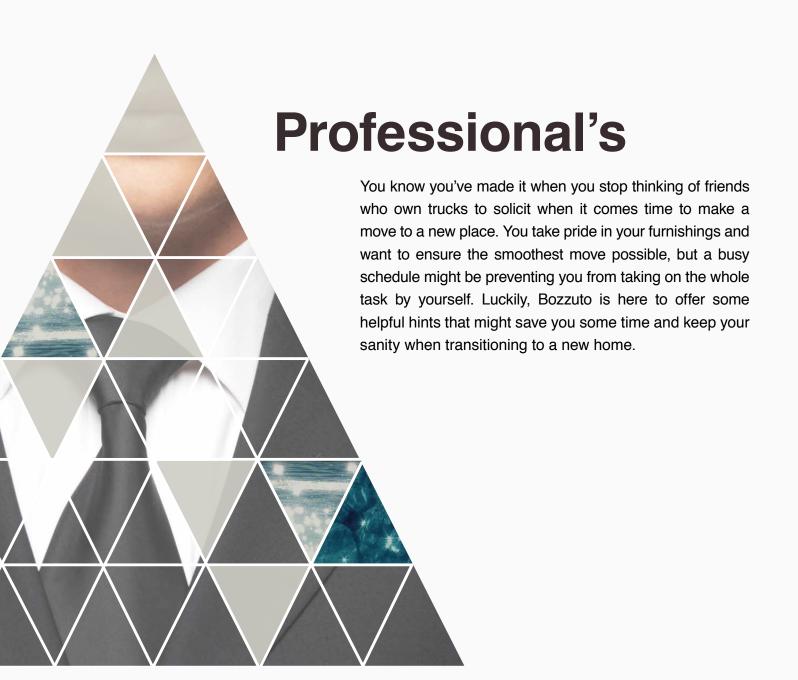
Since this is your first move, you will most likely be setting up additional services such as cable, internet and telephone land lines. Similar to your standard utilities, calling ahead and setting up appointments for move-in day or before will help avoid eating take-out by candlelight and cold showers for the first week in your new home!

### tip | WHAT MOVES YOU?

A great way to save money and stay green when moving is to **utilize recycled cardboard boxes**. Find a local business and ask if you can take some of their used boxes off their hands. Usually grocery stores or restaurants will be your best bet since they receive weekly deliveries of goods that are packed in cardboard that are likely to be tossed out.



Recycling one ton of card board saves over 9 cubic yards of landfill space. When you're finished with it, break it down and take it to a nearby recycling center or offer it to a fellow mover! (Source)



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#### MAKE A POINT TO GET ORGANIZED ?

There are plenty of **DIY moving checklists** available online that you can use to your advantage and keep yourself organized weeks, even months, ahead of schedule. Having a plan and sticking to it eliminates the majority of moving headaches and you will be amazed at how much stress you can save yourself by keeping organized.



#### GOING GREEN IS RASIER AND CHEAPER THAN EVER!

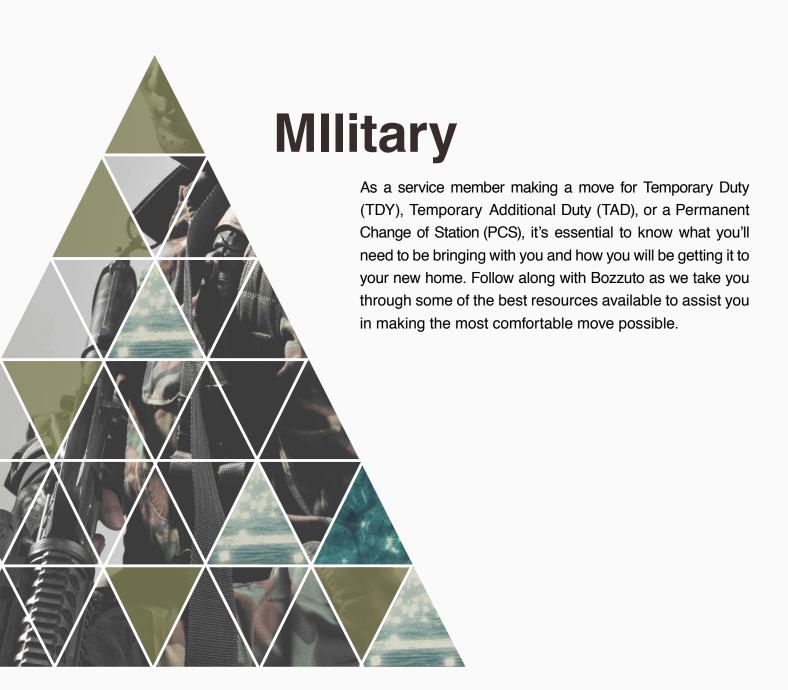
Keeping your move eco-friendly is easier than it seems. The first step is **committing yourself to not purchasing new boxes** and instead opting for used or recycled cardboard. A great resource for finding cheap and reliable used boxes is <u>UsedCardboardBoxes.com</u>, a company who rescues cardboard on the way to the dump and repurposes them to be used again. As a plus, they offer free shipping and 1-2 day delivery.

If you're in the market for something a bit sturdier, consider <u>RentAGreenBox.com</u>. Their zero-waste pack and move boxes are converted from massive amounts of post-consumer and industrial trash and offer a cheaper, more earth friendly alternative to single-use, disposable packing options.



Hiring movers will keep your headaches to a minimum but trusting others to care for your prized possessions is a big concession. Here are a few helpful tidbits for picking a professional mover:

- Utilize the internet to research reviews on companies in your area via customer-based sites like Yelp or the Better Business Bureau.
- Choose 2-3 companies to come to your residence for an in-home estimate, and make sure you
  understand the details of the estimate. In a best case scenario, you will also receive a binding
  agreement that will put a cap on the total cost of the move.
- Estimates are exactly that, and you can generally assume that your mover will go beyond rather than fall short of their initial estimate.



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### SAVE TIME & MONEY BY PLANNING AHEAD

Did you know Peak moving season for the Department of Defense and U.S. Coast Guard runs from May through August each year, and over 225,000 household good shipments are made?

As soon as you receive the confirmation that you will be making a move, especially if it falls during peak moving season, contact either your local installation Transportation Office or the Defense Personal Property System via www.Move.mil to ensure that you'll be able to lock in your ideal shipping and receiving dates.

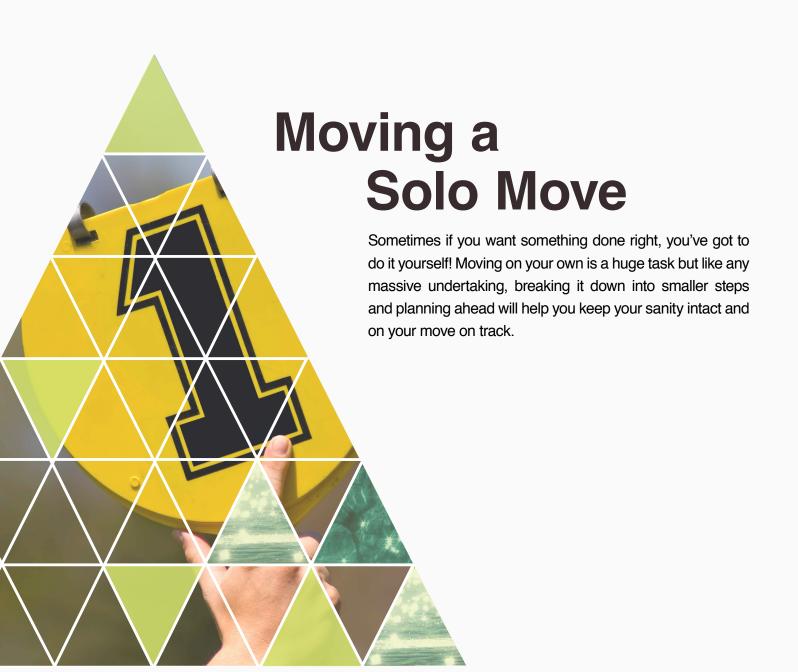


Your **one-stop shop for installation and state resources** is <u>MilitaryInstallations</u>, browse their site to gain insight into shipping pets, services for special needs families, check-in procedures, motor vehicle requirements, school information, and much more related to the area where you will be moving to.



While we would love you to join us in one of our Bozzuto communities, we understand that we can't be a perfect fit for everyone. A great resource for service members and their families is the Automated Housing Referral Network. They specialize in providing an easy and efficient source for finding available housing specifically for the military. You can explore their site at AHRN.

Sources: Military.com, MilitaryFamily.org



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#### tip | START EARLY AND UTILIZE CHECKLISTS

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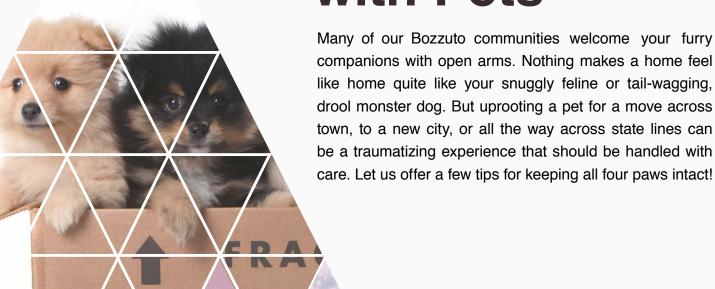
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## Moving with Pets





#### GET THE BALL ROLLING EARLY!

To help ease the stress on both you and your pet, here's a few pieces of advice that will get you prepared for making your move in advance:

- Get referrals for a vet before your move; don't wait until you get to a new town or community
  to find a vet if possible. Utilize online resources such as Yelp to get feedback regarding the
  vets in your new neighborhood.
- Find out if your new town requires pet licenses; definitely don't want to find that out the hard way.
- If driving a long distance to your new town, do the research in advance on pet-friendly hotels along the way.
- Know the pet emergency care facilities and vets in your new town before going; that way you're prepared if anything comes up during the move or when you're first moving in.
- Check with your new building's manager about any pet-specific moving requirements.
- Make sure that you update your pet's identification tags with your new information BEFORE
  you move. Accidents happen, and a stressed out pet who decides to take a stroll through the
  new neighborhood when you're moving boxes will have a much easier time being returned.



Make sure to use a check-list of essentials to keep you organized as well as ensure you're not forgetting anything for the big day! Here's a start:

- Veterinary and Immunization records
- Bedding, toys, and other items your pet will associate with home
- An ample supply of your usual food. Making a move is hard enough as it is, so avoid changing their diet at all costs.
- A spare leash just in case your main one "gets put in the wrong box" and disappears
- A crate or safe enclosure for long distance traveling



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#### PLAN YOUR SERVICE NEEDS

There are many professional moving companies who specialize in assisting seniors with their move by offering additional services beyond simply transporting goods to your new home.

According to the National Association of Senior Move Managers (NASMM) the most 5 popular services offered by senior moving specialists are:

- Un-packing and setting up the new home
- Sorting Services

- Move planning and oversight
- Customized floor plans
- Downsizing and disposal/distribution of remaining items



#### EVALUATE YOUR FINANCIAL OPTIONS

On average, contracting with a senior moving organization will cost between \$40-\$60 an hour. A move to a one-bedroom unit averages less than \$2500 compared to the average cost of moving to a two-bedroom, which can run as high as \$4000.



#### MAKE YOUR MOVE WITH CONFIDENCE AND TRUST

The NASMM was created to "facilitate the physical and emotional aspects of relocation for older adults and to enhance the professional competence of its members." Visiting their website at Nasmm is a great way to become informed about registered businesses that are members and offer services in your area.

Ideally, you will be looking for a company who understands the special considerations that should be given to older adults when transitioning to a new home. Helping to manage all aspects of the process and facilitate a smooth move are paramount when choosing a company. A few preliminary questions NASMM suggests that you will want to ask when initially contacting a moving company who specializes in senior moving: **1.** How long have you been providing senior move management services? **2.** Have you participated in any formal training programs? **3.** Can you provide references?